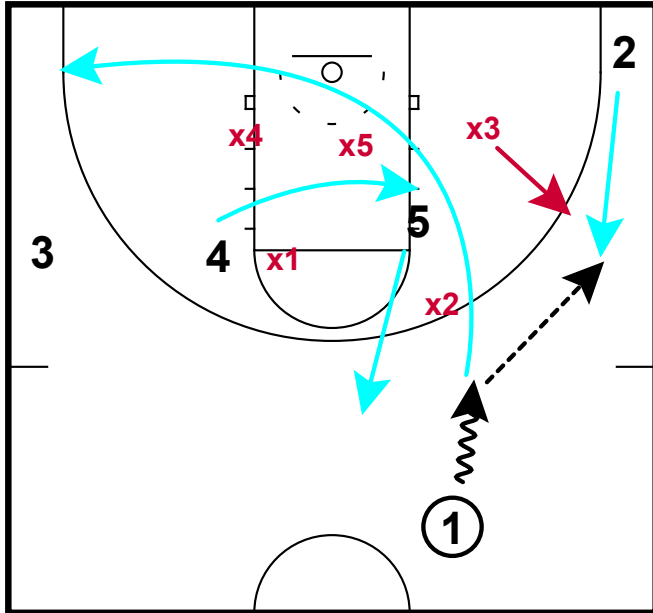


Zone Quick Hitters Playbook

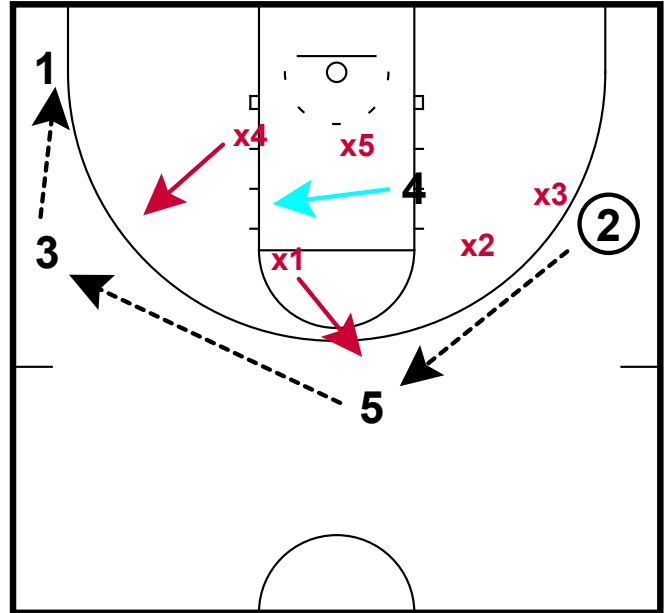
United Basketball

Zone Quick Hitter - Opposite(South Carolina WBB)
Zone Offense



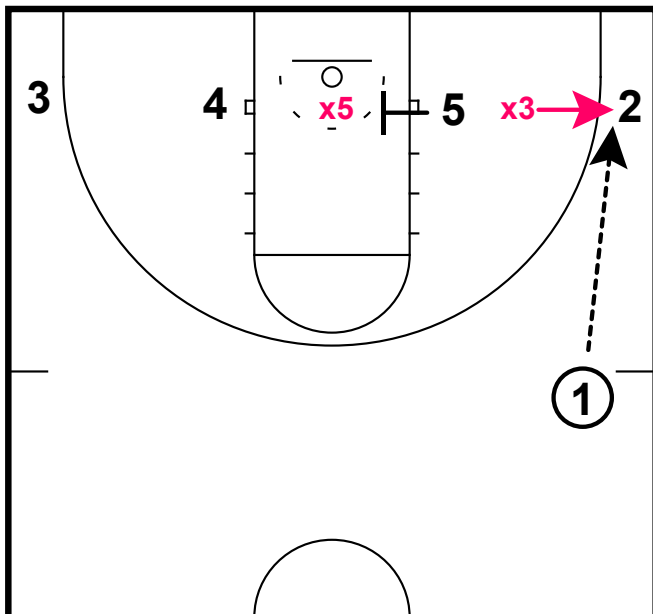
Bringing the ball down the side brings x2 up and x3 has to come out on 2's catch
1 cuts opposite
5 steps out
4 cuts across

Zone Quick Hitter - Opposite(South Carolina WBB)
Zone Offense



x2 rotates toward 2 with the ball
2 passes to forcing x1 to rotate up towards 5
x4 has to come out on 3's catch leaving 1 open for a corner 3

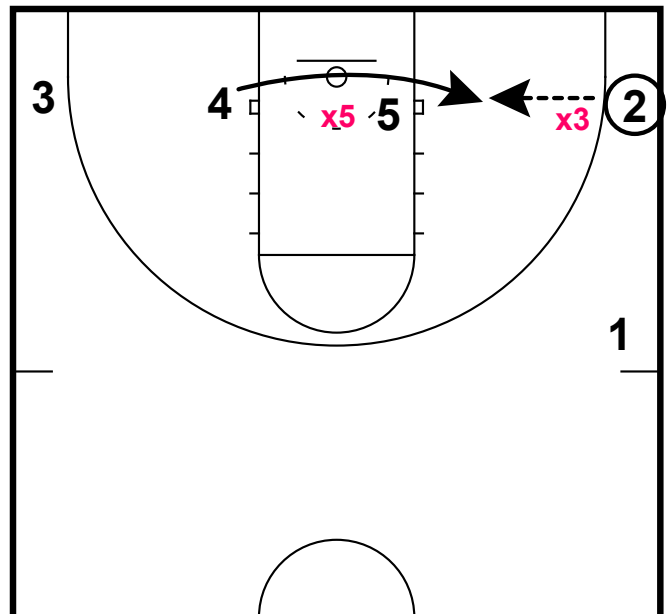
Zone Quick Hitter - 4 Low
Zone Offense



4 low

shooters in corner:
you will get a wide open 3 by a good shooter if x3 stays near block. If he comes out then 4 should be open as 5 screens the middle of the zone.

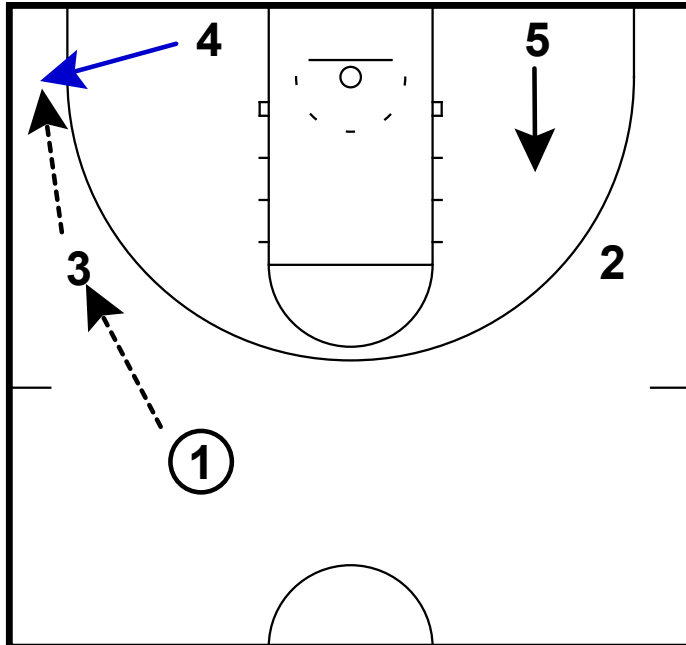
Zone Quick Hitter - 4 Low
Zone Offense



Zone Quick Hitters Playbook

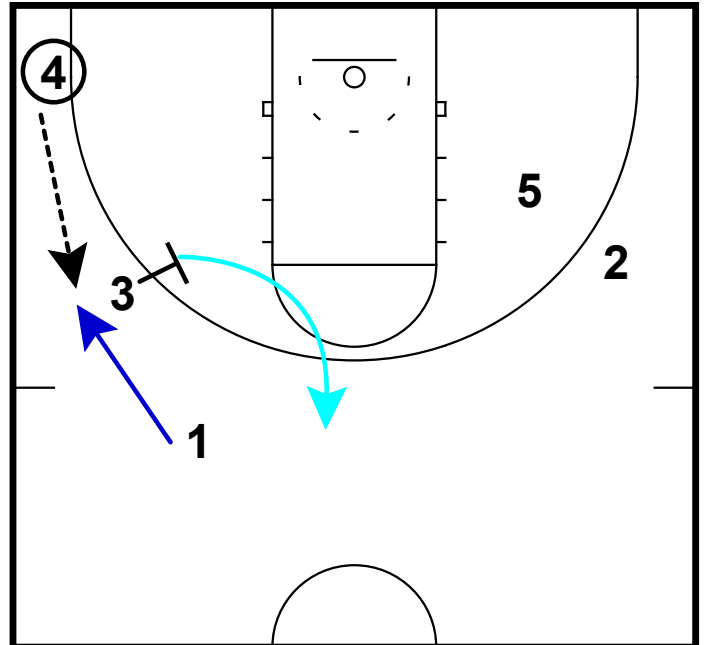
United Basketball

Zone Quick Hitter - Skip
Zone Offense



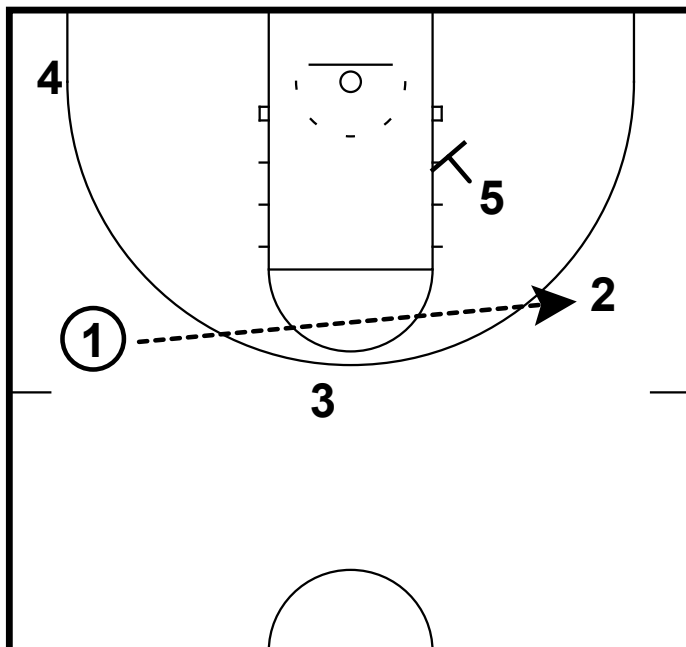
- 1 passes to 3
- 4 moves to corner and gets pass from 3
- 5 starts lifting up

Zone Quick Hitter - Skip
Zone Offense



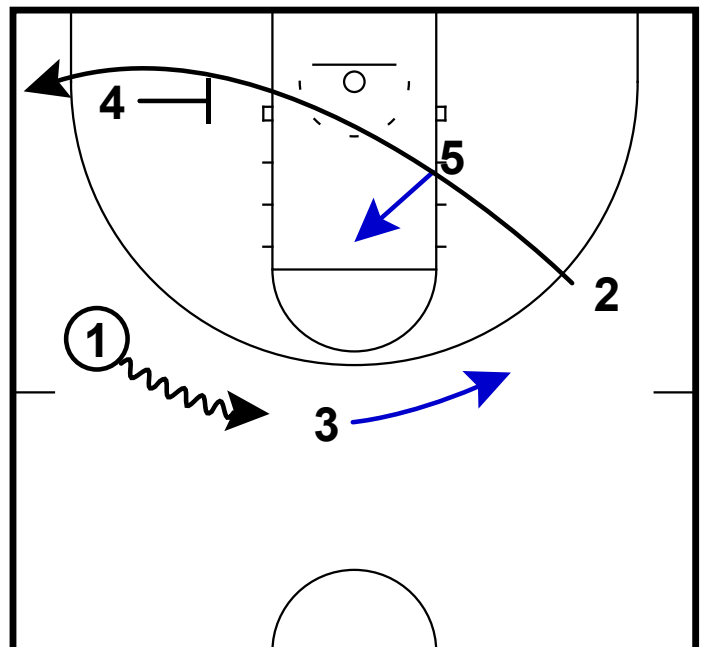
- 4 pass to 1
- 3 screens top of zone and then second cuts up top

Zone Quick Hitter - Skip
Zone Offense



- 5 screens bottom of zone
- 1 skips to 2 for open 3

Zone Quick Hitter - Skip
Zone Offense

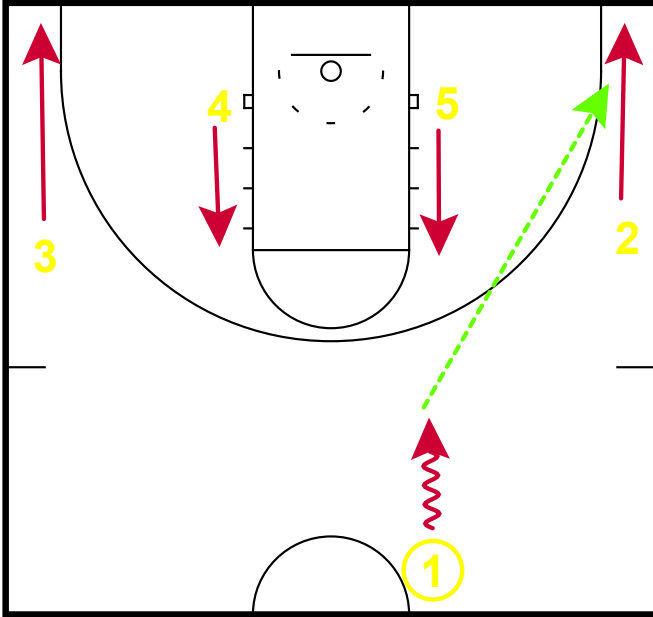


- If skip is not open
- 1 drag dribbles the arc while 2 cuts across rubbing off 4's screen
- 1 throws back against the zone for corner three from the 2

Zone Quick Hitters Playbook

United Basketball

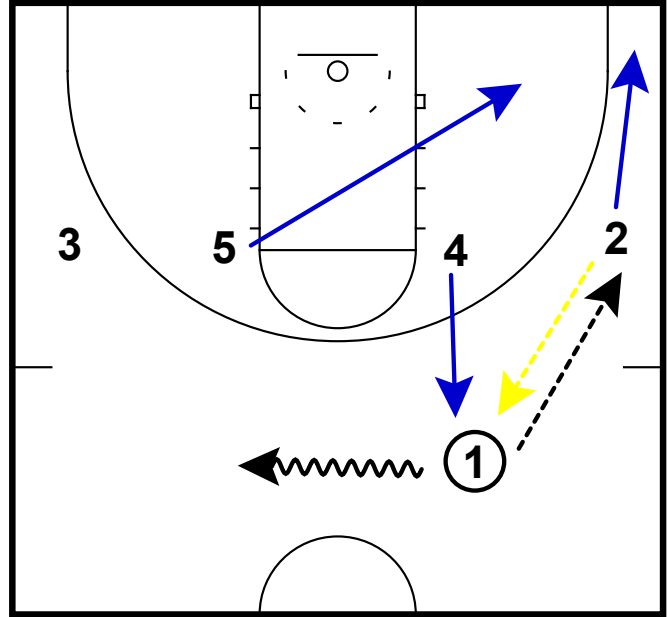
Zone Quick Hitter - Southern
Zone Offense



Southern

When crosses halfcourt he speed dribbles while 3 and 2 sprint to corner and 4 and 5 sprint to elbows. From here you are trying to make a quick play catching the defense off guard

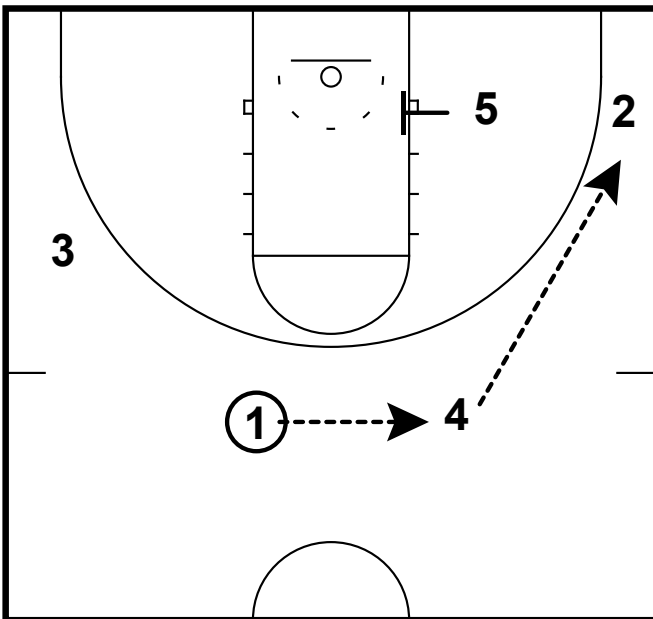
Zone Quick Hitter - Spin
Zone Offense



Spin vs Zone

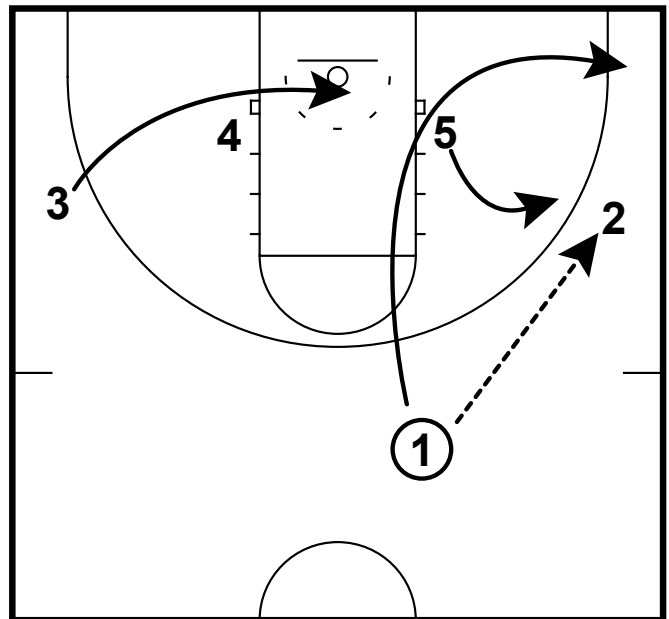
1 passes to 2 and 2 passes right back to 1
1 dribbles across, 3 steps out, 4 goes opposite
2 drifts in direct line with 5
1 reads when the bottom of zone shifts back inside of paint

Zone Quick Hitter - Spin
Zone Offense



5 screens back side of zone
1 can pass to 4 or skip directly to 2 for a shot

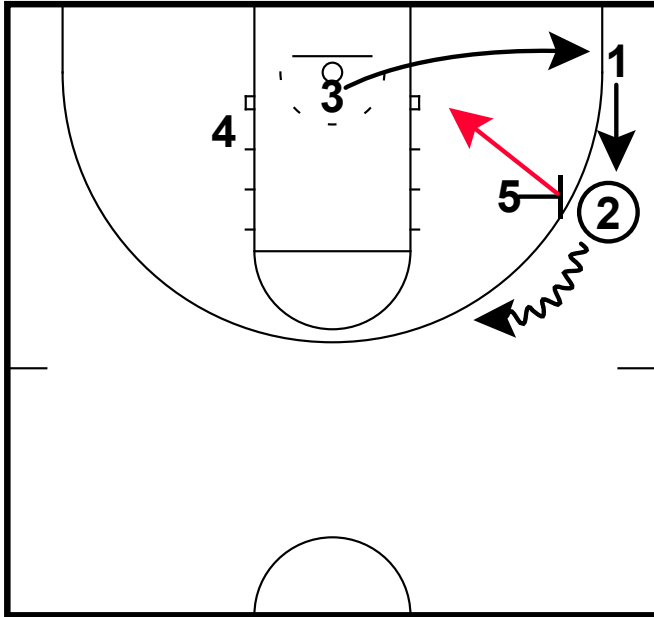
Zone Quick Hitter - Throwback Flash(UGA WBB)
Zone Offense



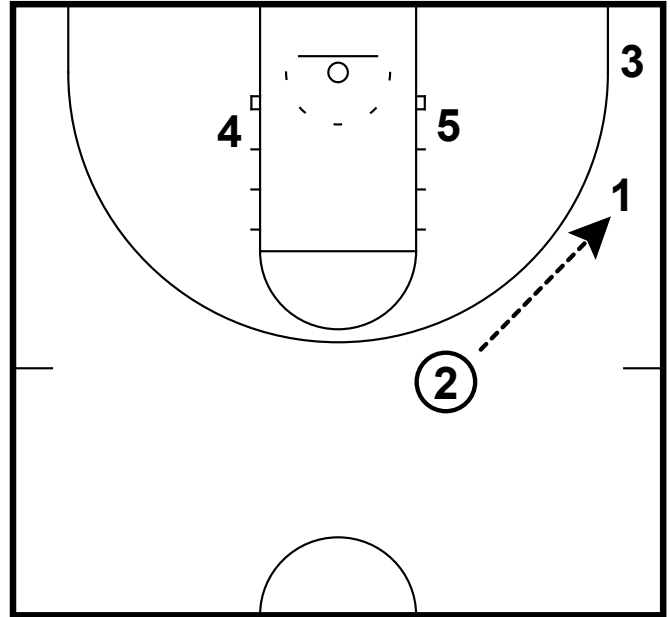
Zone Quick Hitters Playbook

United Basketball

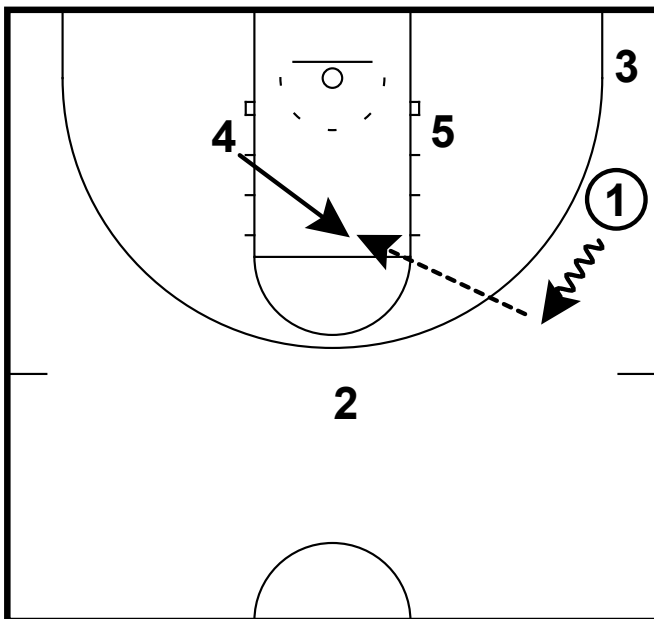
Zone Quick Hitter - Throwback Flash(UGA WBB)
Zone Offense



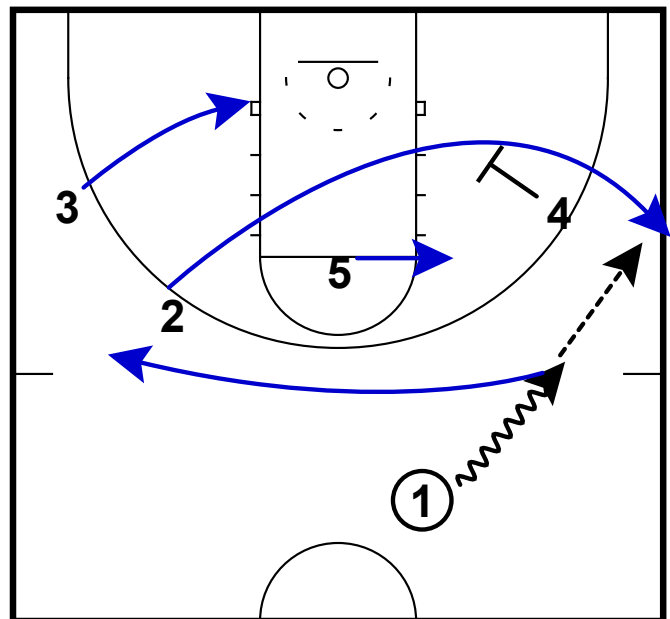
Zone Quick Hitter - Throwback Flash(UGA WBB)
Zone Offense



Zone Quick Hitter - Throwback Flash(UGA WBB)
Zone Offense



Zone Quick Hitter - Under
Zone Offense

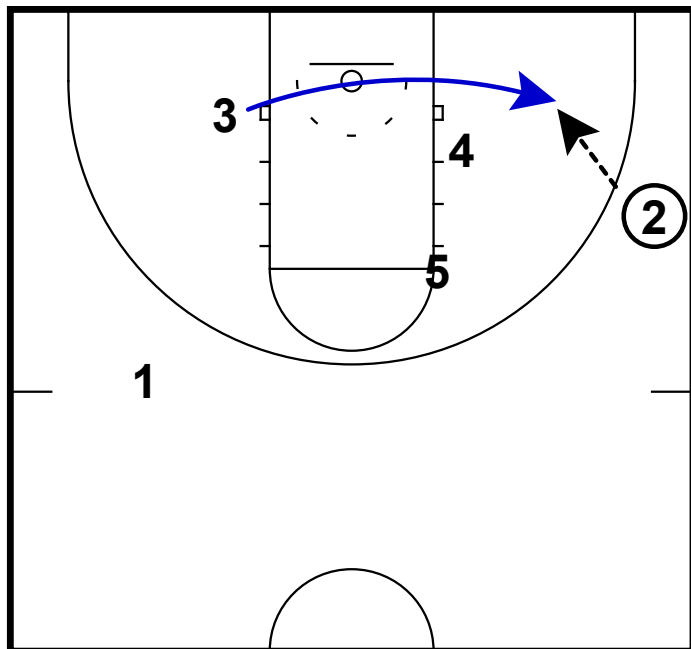


Under
1 dribbles over
5 slides over to occupy top of zone
2 cuts through the zone and rubs off 4 who is screening the bottom of the zone.
1 passes to 2 and spaces away to opposite area
3 starts getting depth trailing behind 2

Zone Quick Hitters Playbook

United Basketball

Zone Quick Hitter - Under
Zone Offense



3 should be open in short corner area or can even extend to 3 point line

2 can look skip, 4 or 5 if 3 is not open