Stanford Cardinal Playbook

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Stanford Cardinal Playbook
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Stanford Triangle Flare Continuity
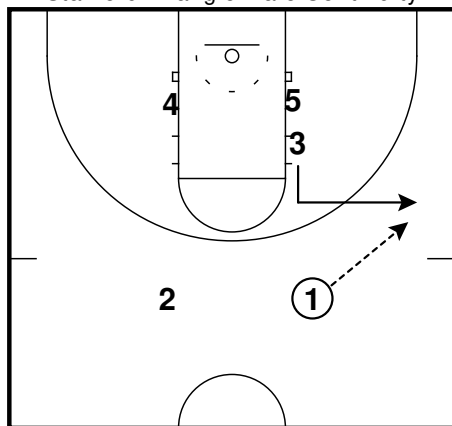
1 makes the traditional guard to forward pass to initiate the Triangle Offense
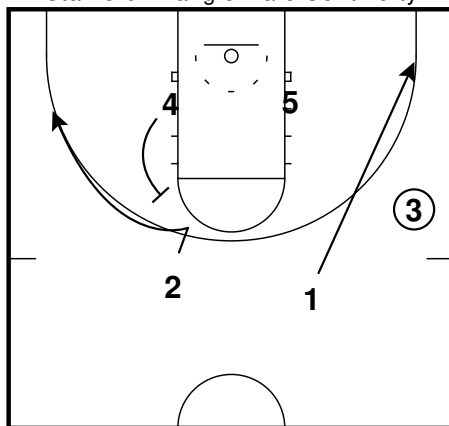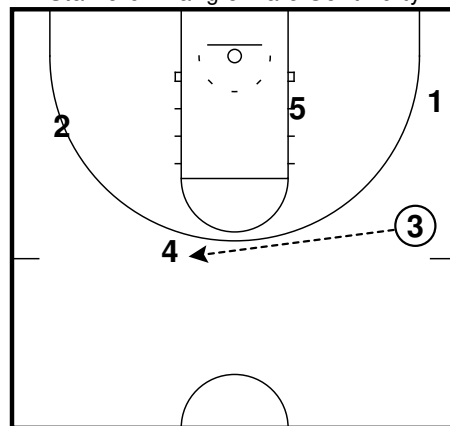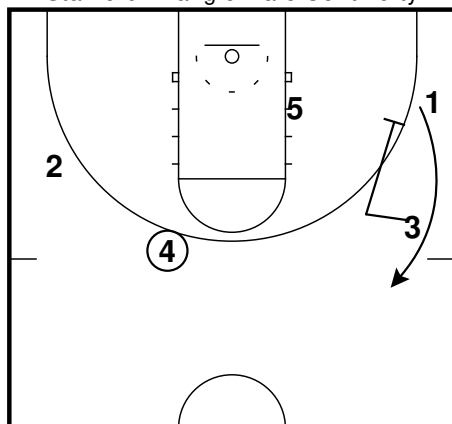
Stanford Triangle Flare Continuity

1 makes the corner cut
4 moves to the "pinch post" to set flare screen for 2

Stanford Triangle Flare Continuity

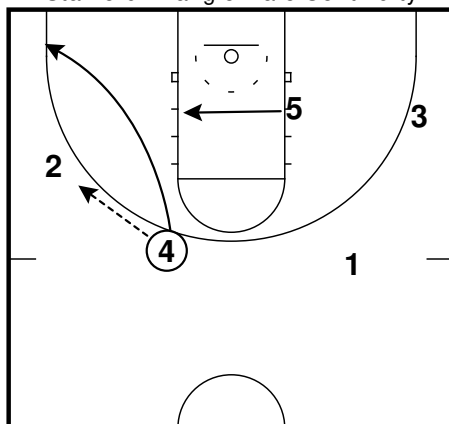3 has option of passing to 2 coming off flare screen, but most often passes to 4 separating from flare screen

Stanford Triangle Flare Continuity

4 can shoot as a second cutter after setting the flare or reverse to 2
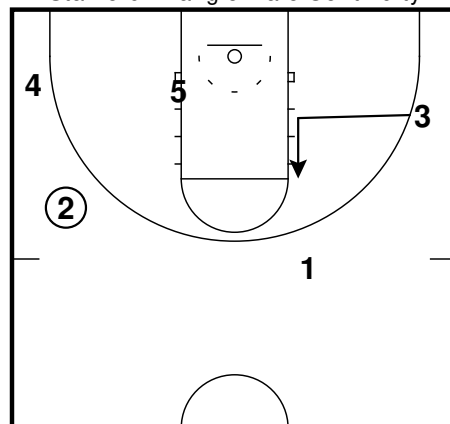
3 downscreens for 1

Stanford Triangle Flare Continuity

4 passes to 2 and corner cuts

5 fills ballside block and triangle is reformed
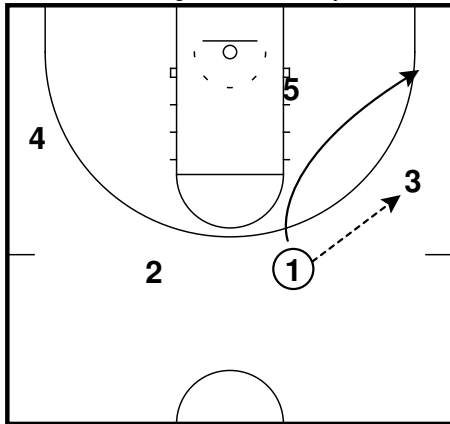
Stanford Triangle Flare Continuity

3 is now pinch post and 1 is top guard
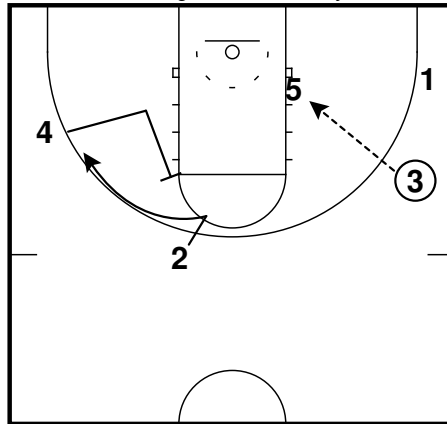
Stanford Cardinal Playbook
Triangle Offense

Triangle - Post Entry

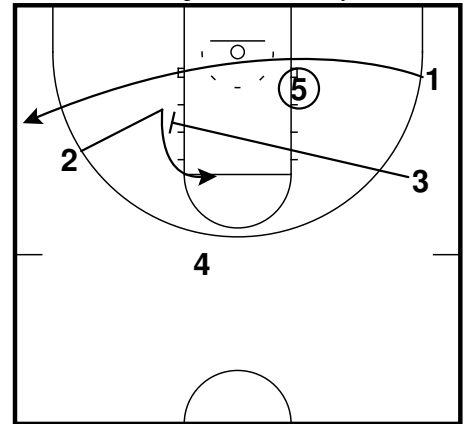1 passes to 3 and corner cuts

Triangle - Post Entry

4 L-cuts to pinch post and flare screens for 2
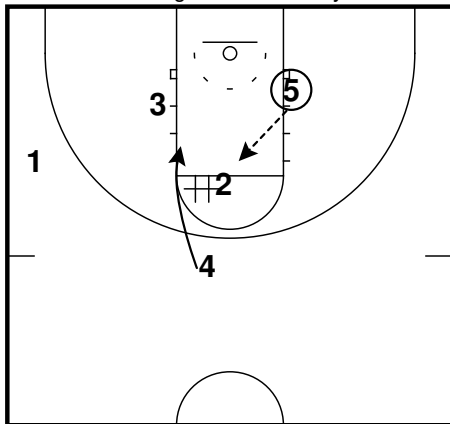
3 enters the ball to 5

Triangle - Post Entry

1 clears out the side by running a baseline speed cut off 5

3 cuts into a screen for the pinch post (2)

2 cuts to the nail
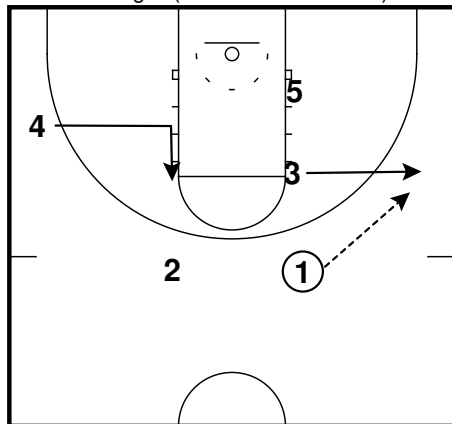
5 can score or hit 2

Triangle - Post Entry

4 follows rule and cuts when man between him and the basket catches

2 can handoff to 4 (blind pig)
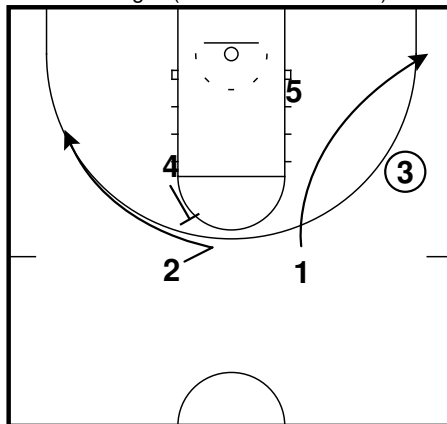
Stanford Cardinal Playbook
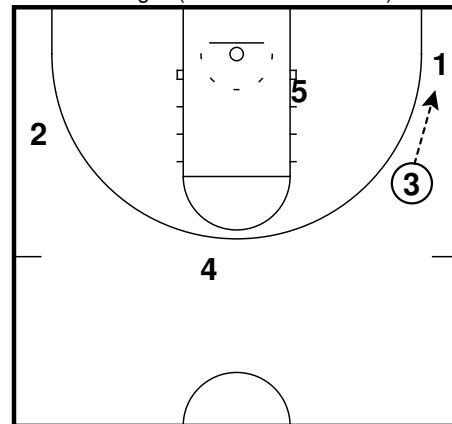## Triangle Offense

Triangle (Corner Ball Screen)

1 makes guard to forward pass
4 cuts to the pinch post
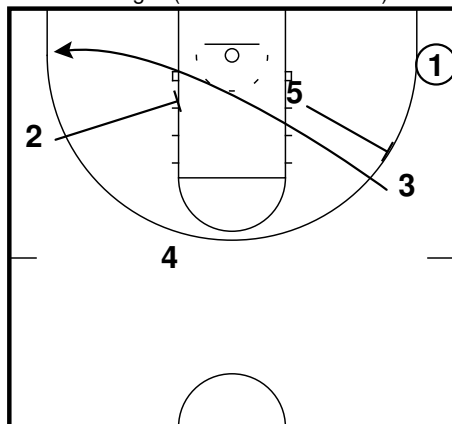
Triangle (Corner Ball Screen)

After pass, 1 corner cuts
4 flare screens for 2
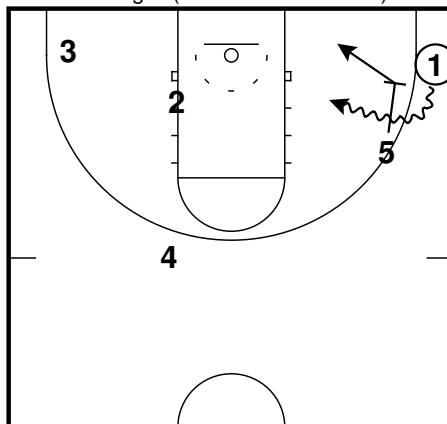
Triangle (Corner Ball Screen)

3 passes to corner

Triangle (Corner Ball Screen)

5 backscreens for 3
3 cut through the to the corner off of a
screen from 2

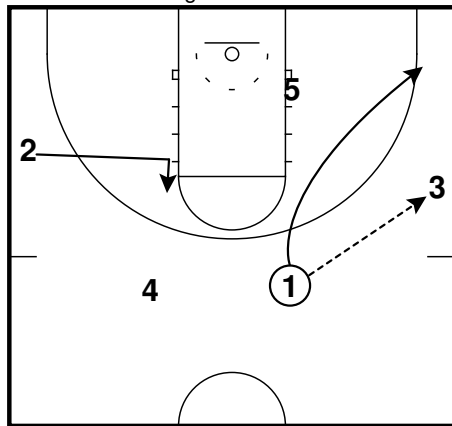### Triangle (Corner Ball Screen)

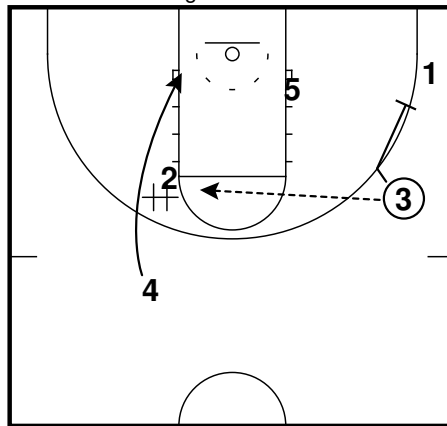5 then sets a ball screen for PnR with 1

Stanford Cardinal Playbook
Triangle Offense

Triangle Pinch Post

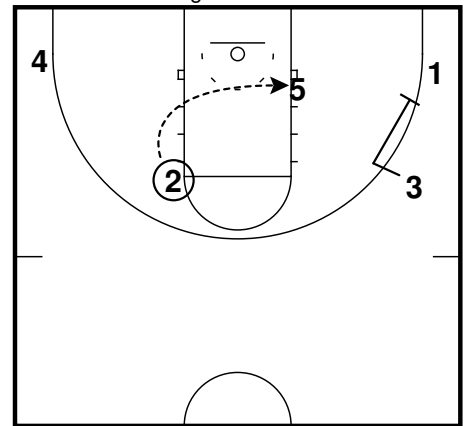### Triangle Pinch Post

Rule: If player between you and the rim catches cut hard off of him/her

ball goes into 2 and 4 cut hard for handoff option
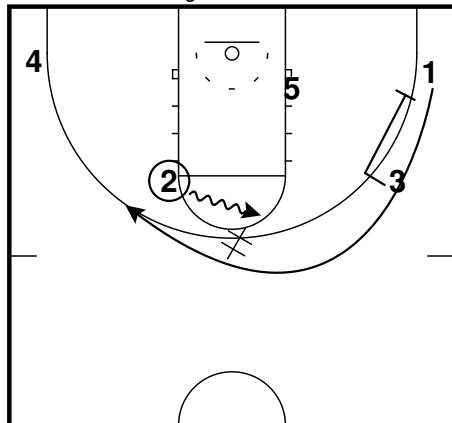
Triangle Pinch Post

Hi-Lo Option

Player in the pinch post can look hi-lo

player passing to pinch post always downscreens in the corner
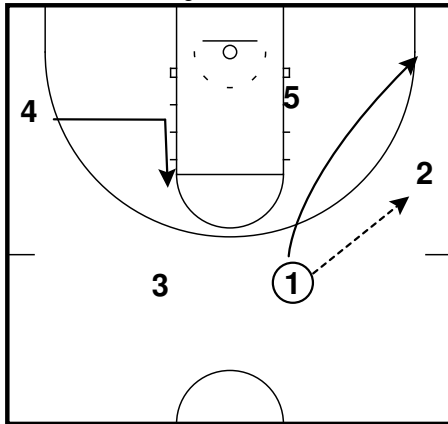
Triangle Pinch Post

DHO option

2 dribbles and hands off to 2 coming off the automatic downscreen for 1
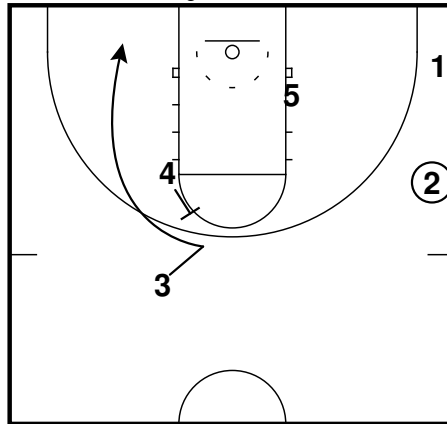
Stanford Cardinal Playbook
Triangle Offense
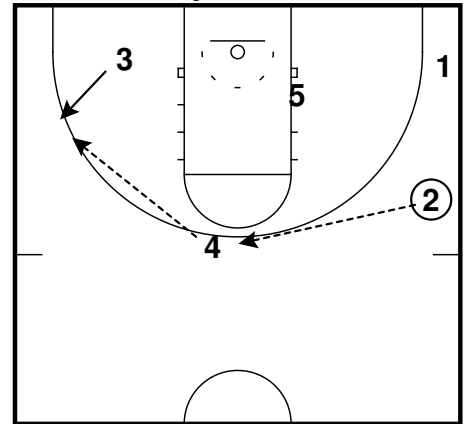
Triangle Flare Thru

1 makes guard to forward pass and corner cuts
4 L-cuts to pinch post
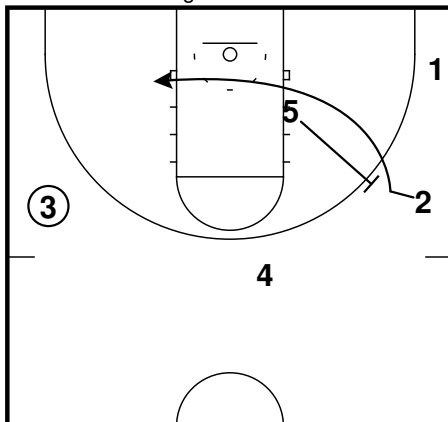
Triangle Flare Thru

4 flare screens for 3 then separates
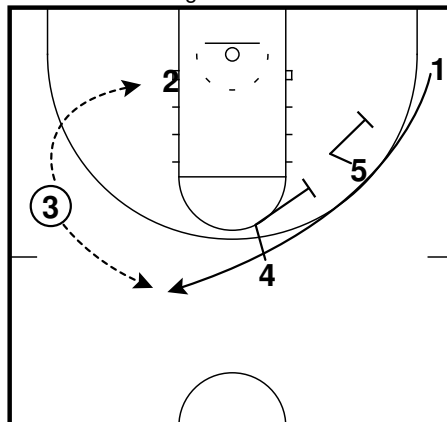
Triangle Flare Thru

2 reverses to 4 who swings to 3

Triangle Flare Thru

5 backscreens for 2 (shuffle action)
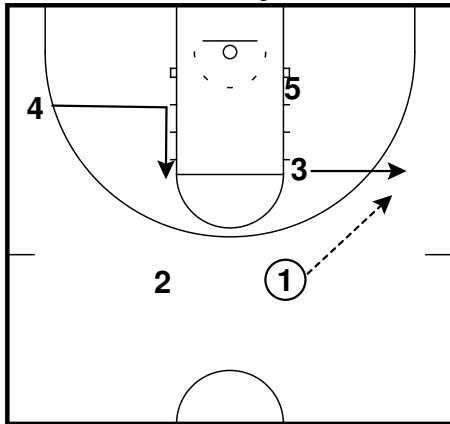
Triangle Flare Thru

5 &4 then downscreen for 1

Stanford Cardinal Playbook
Triangle Offense

Stanford Triangle DHOs

1 makes guard to forward (3) pass

4 L-cuts to pinch post

Stanford Triangle DHOs
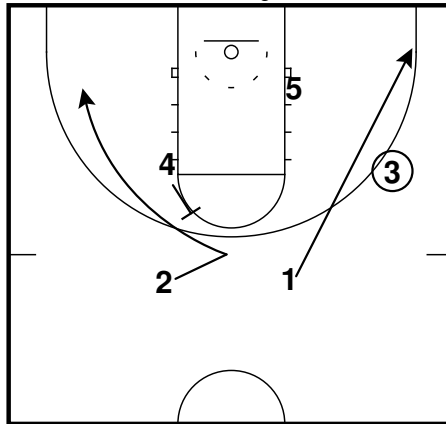
1 corner cuts to form ball side triangle

4 flare screens for 2 then separates to the high elbow

Stanford Triangle DHOs

3 passes to 4

4 has option of shot or reversal to 2, but also has option to "dribble at" 2

2 can cut backdoor or into a post up or into a dribble handoff (shown).

Stanford Triangle DHOs

after passing 3 downscreens for 1 who can sprint off screen into the dribble handoff

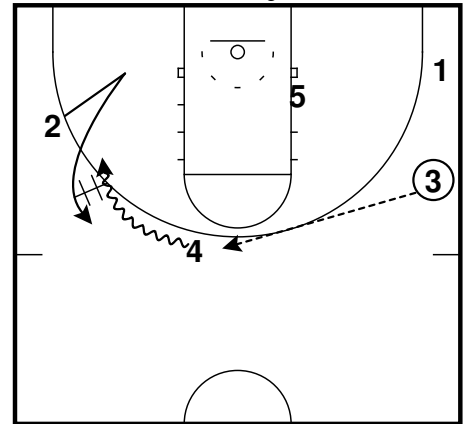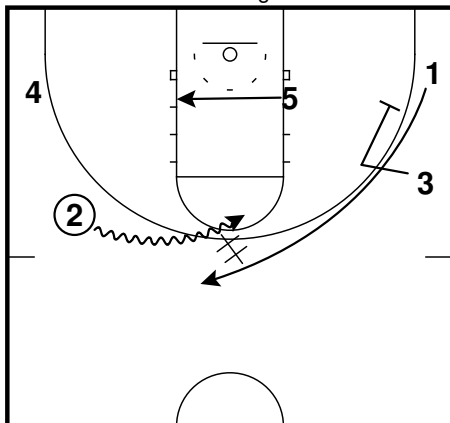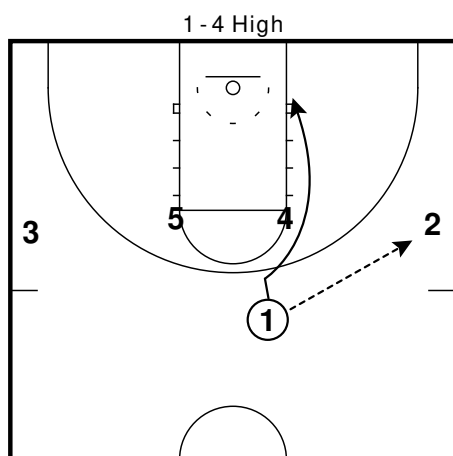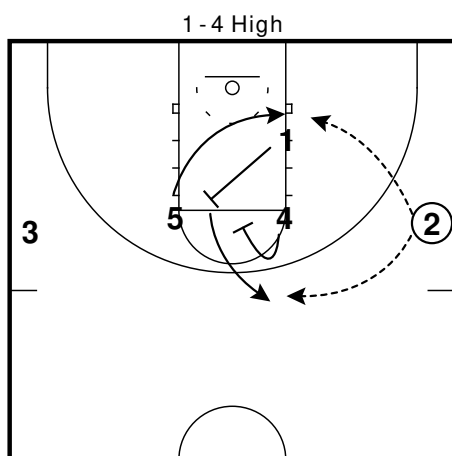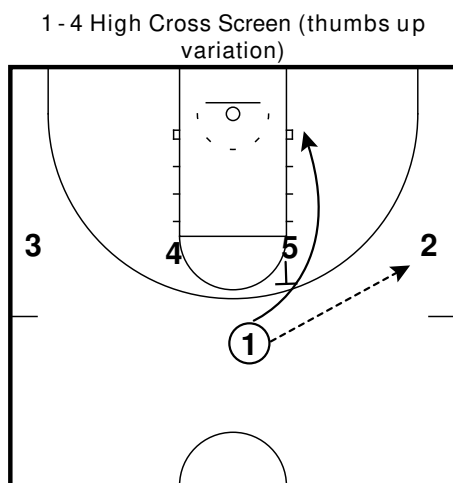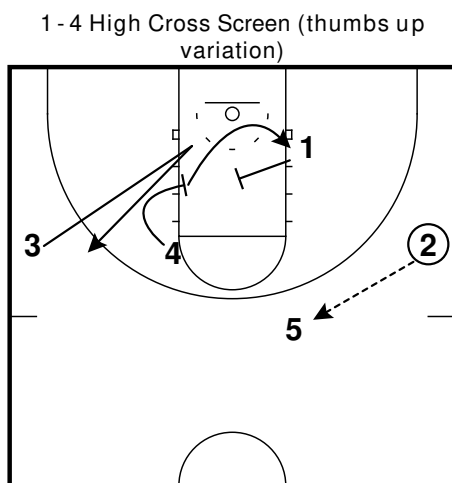# Stanford Cardinal Playbook

1 - 4 High Sets

1 - 4 High

Set begins in a 1 - 4 high alignment
1 passes to wing and runs UCLA cut off the up screen from 4

1 - 4 High

1 backscreens for 5 at the opposite elbow
4 arcs and screens for 1 (STS)

1 - 4 High Cross Screen (thumbs up variation)

1 passes to wing and runs UCLA cut off of up screen from 5

1 - 4 High Cross Screen (thumbs up variation)

5 steps out after setting the up screen

3 cuts as if setting the stagger for 1, but exits off the single screen from 4

1 cross screens for 4 (STS)

1 - 4 High Cross Screen (thumbs up variation)
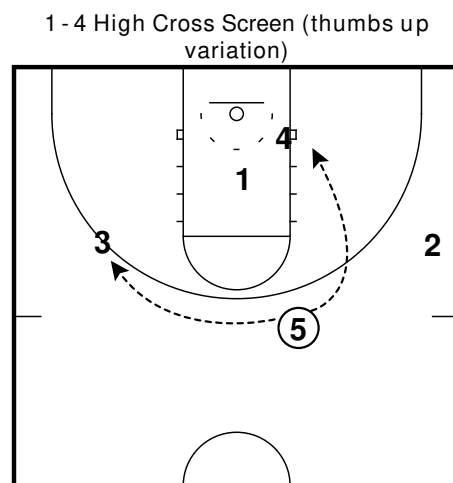
5 has the option of either 3 exiting off 4's screen or 4 on the post up

Stanford Cardinal Playbook

1 - 4 High Sets

Thumbs Up (1 - 4 high)   Thumbs Up (1 - 4 high)   Thumbs Up (1 - 4 high)
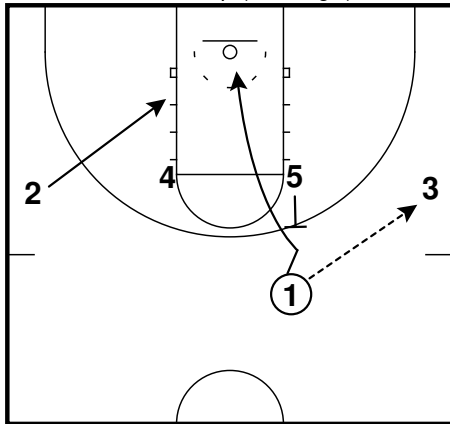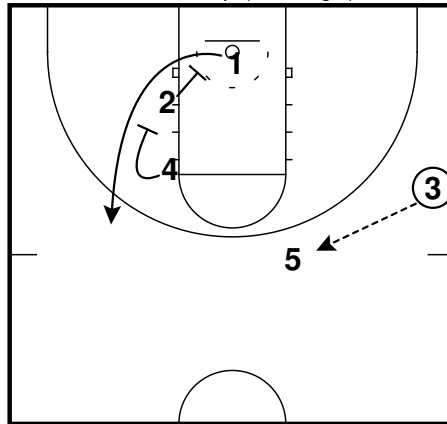
1 passes to wing (3) and runs UCLA cut off 5

2 cuts to weakside block
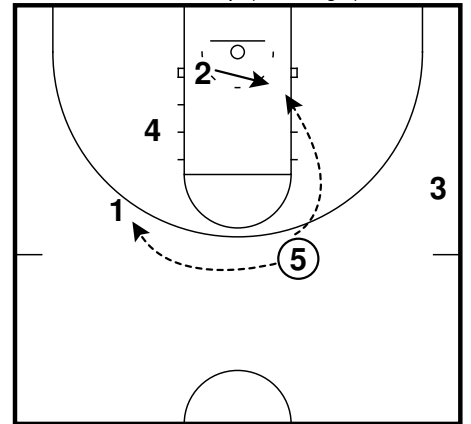
5 steps out after screening

3 passes to 5

1 cuts off staggered screen from 2 & 4

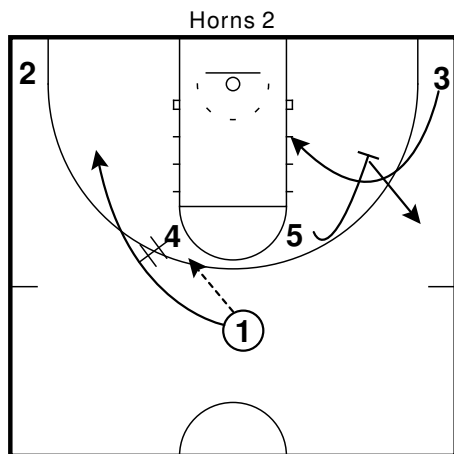5 has option of the cutter (1) or 2 on the slip
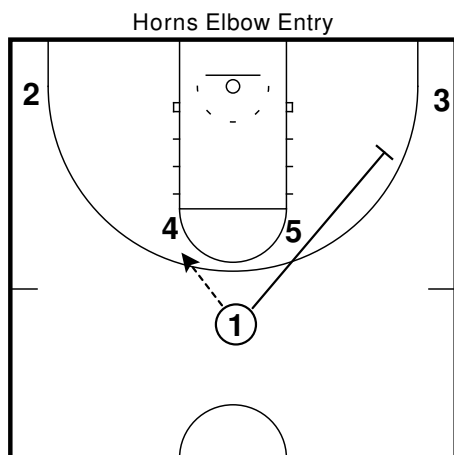
Stanford Cardinal Playbook
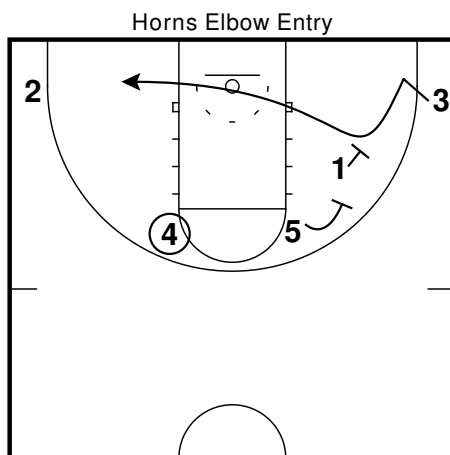## Horns Sets

Horns 2

Horns Set with elbow entry to 4

1 immediately cuts hard off 4 and can take handoff

if 4 does not handoff, he/she faces and reads the downscreen set by 5 for 3
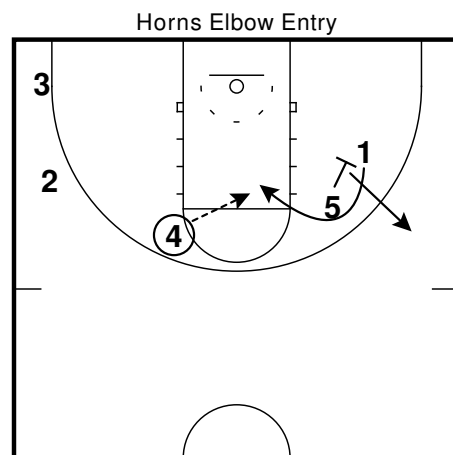
Horns Elbow Entry

Horns Elbow entry
1 passes to an elbow player and cuts opposite to set downscreen for wing in the corner

Horns Elbow Entry

4 turns and faces

3 breaks as if using the staggered double from 1 and 5 but back cuts to opposite corner
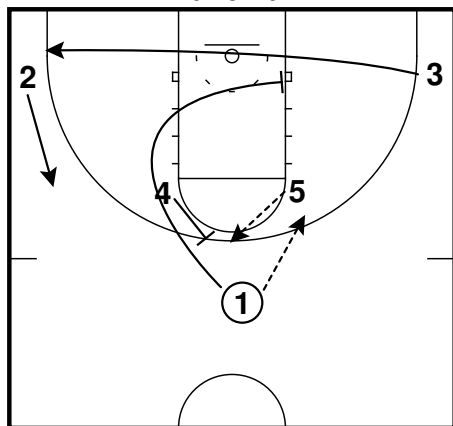
Horns Elbow Entry

5 down screens for 1
1 curls and 4 has the option of 1 on the curl or 5 on the pop

Stanford Cardinal Playbook
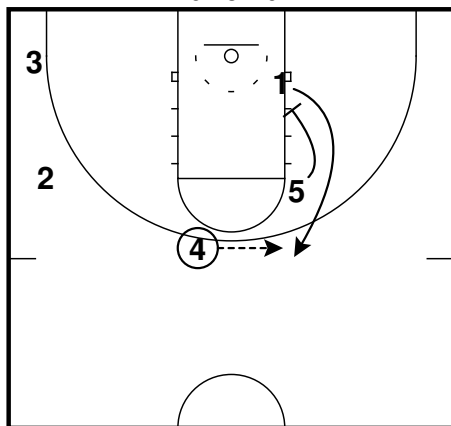## Horns Sets

Horns Flex

1 enters to an elbow player and recieve backscreen from the other
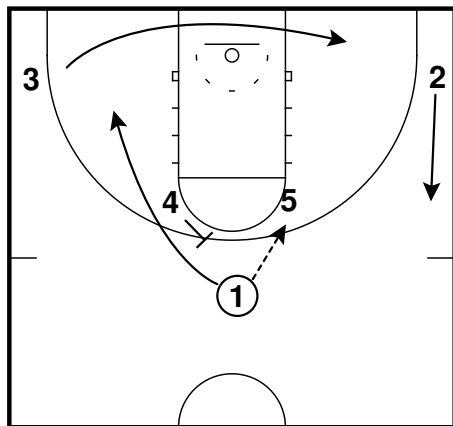
1 enters to 5

4 backscreens for 1

1 cuts into a cross screen for 3

Horns Flex

4 faces and has option of 3 on the flex cut or 5 downscreening for 1 (STS)
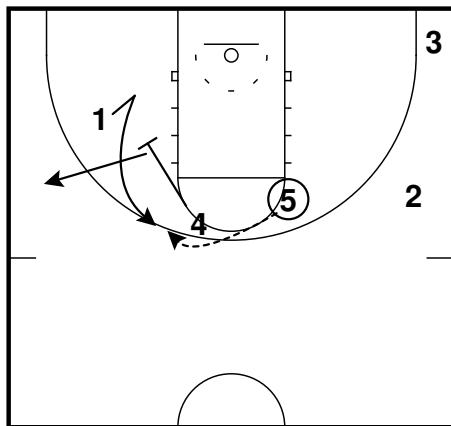
Horns Rescreen

1 enters to elbow and receives flare screen from other elbow player

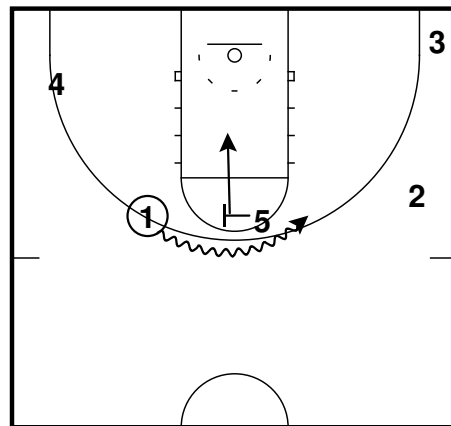3 clears to opposite corner

2 lifts

Horns Rescreen

5 turns and faces

4 downscreens for 1 (rescreen)

5 has option of the cutter (1) or the screener (4)
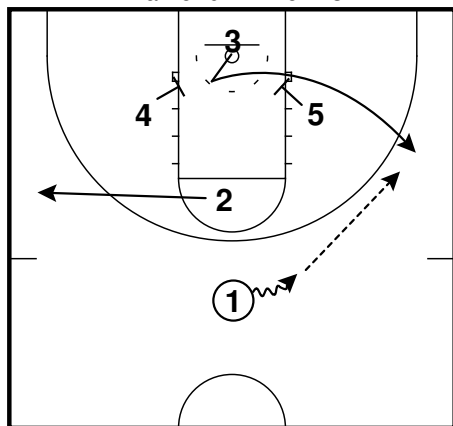
Horns Rescreen

If 1 does not have shot, he/she uses the high ball screen and roll from 5

Stanford Cardinal Playbook
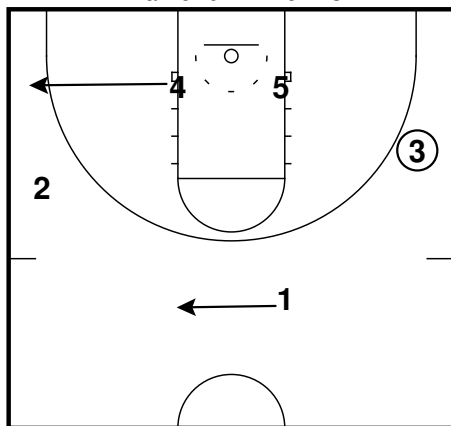## Diamond Sets

Diamond Pin Downs

3 is the baseline cutter, he/she can choose either of the pin screens to use

If 3 exits to the right, 2 pops to the left (top of diamond exits opposite the cutter)
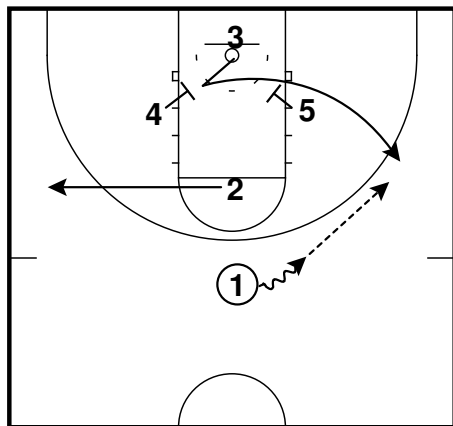
Diamond Pin Downs

After screening, the post that set the pin screen (5) buries his/her defender and post up strong
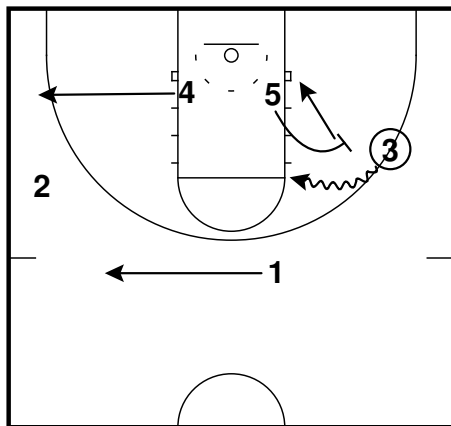
4 & 1 widen away to create space for 3 & 5

3 has option to catch and shoot or enter to 5 on post up

Diamond PNR

Diamond Set
3 can exit off either pin screen
2 exits opposite the cutter
1 passes to 3

Diamond PNR

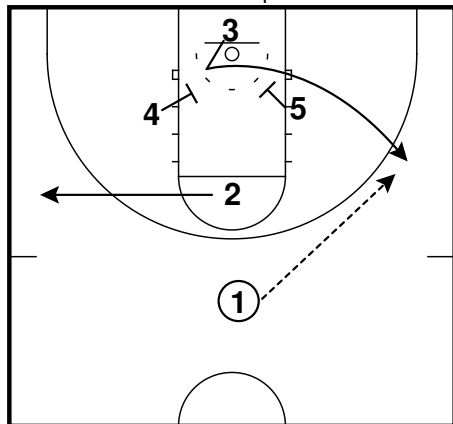5 sets the pin screen then buries his man for post up

3 has option to:
- Catch and shoot, curl, out cut, etc.
- enter to 5

If none of these develop, 5 steps off the block to set the side PnR

Stanford Cardinal Playbook
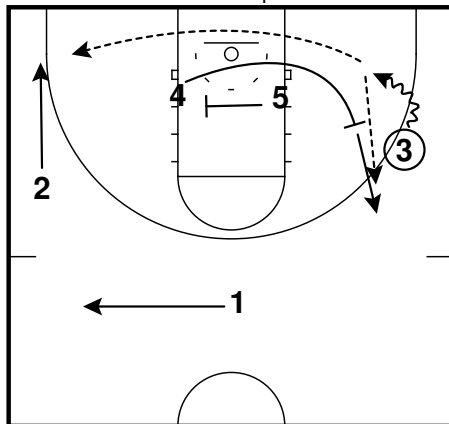
Diamond Sets

Diamond Special

Diamond Special

Diamond Set
3 can exit off either pin screen

2 exits opposite the cutter

1 passes to 3

On the pass from 1 to 3, 5 cross screens for 4

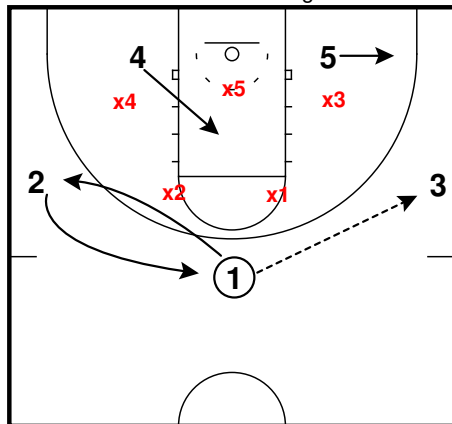4 cuts to an underneath ball screen

2 fades to corner in the line of vision of 3 to be available for cross court pass

3 uses screen to score or make cross court pass to or hit 4 on the pick-and-pop

Stanford Cardinal Playbook
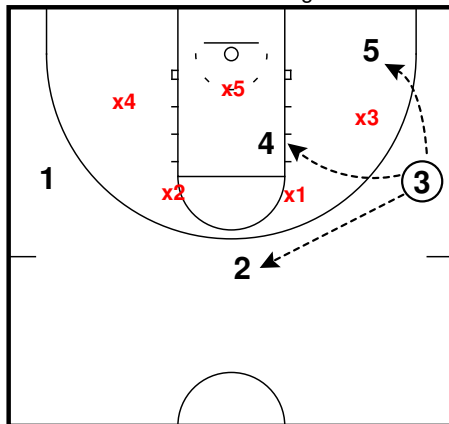
Zone Offense

Zone Interchange

1 passes to wing and interchanges with 2

4 flashes from weakside short corner to midpost
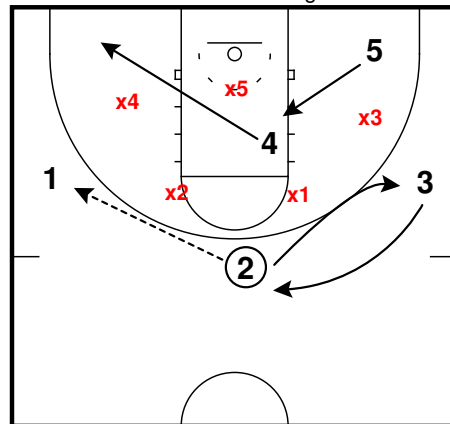
5 expands the short corner

Zone Interchange

3 has option of:
- shot
- 4 in midpost
- 5 in short corner
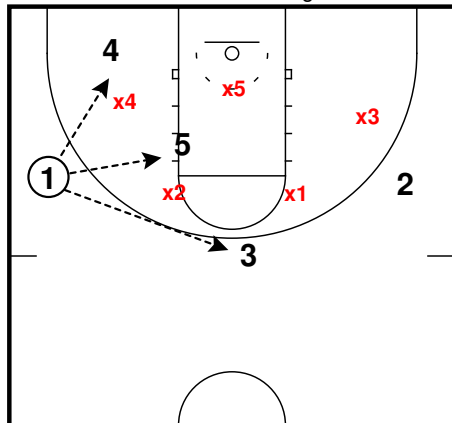- centering pass to 2

Zone Interchange

When 2 catches and reverses he/she interchanges with 3

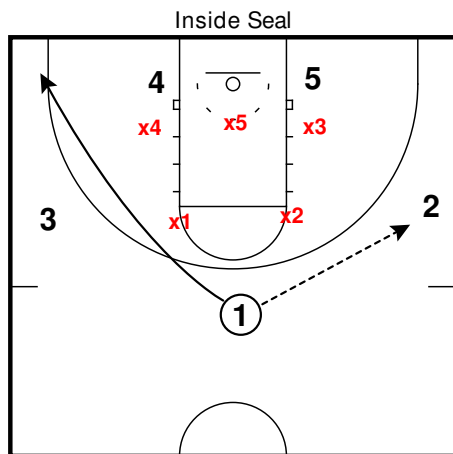4 backs out of the zone
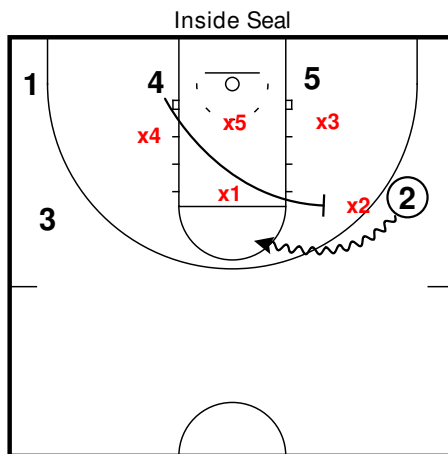
5 flashes to midpost

Zone Interchange

1 has option of:
- shot
- 5 in midpost
- 4 in short corner
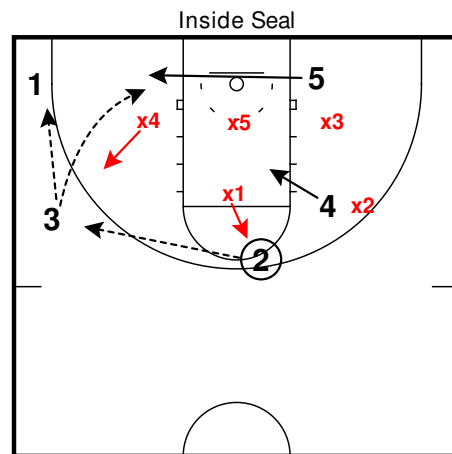- centering pass to 3

Stanford Cardinal Playbook

Zone Offense

Inside Seal

1 passes to wing and corner cuts opposite

Inside Seal

2 waits on the zone to slide

4 comes and sets inside ball screen on X2

2 dribbles off ball screen

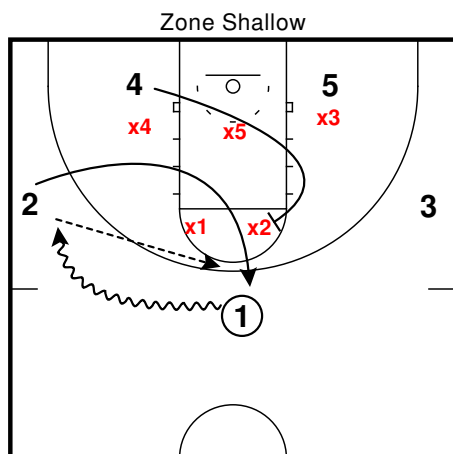### Inside Seal

X1 forced to step up and defend 2

4 slips into high post

2 passes to 3

5 cuts along baseline to short corner behind the zone

3 has option of:
- shot
- corner pass when X4 closes out
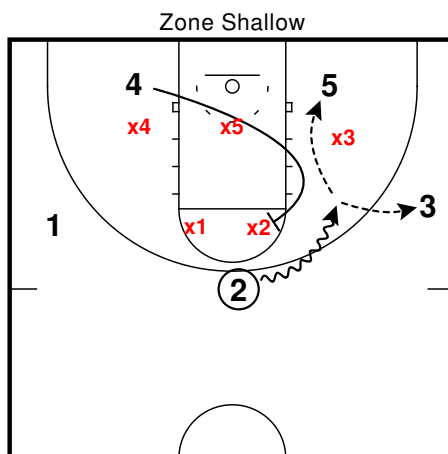- short corner pass to 5 when X4 closes out

Zone Shallow

1 dribbles at 2

2 shallow cuts to the top of the circle

4 loops opposite to set an outside seal flare screen on X2

1 centers the ball to 2

Zone Shallow
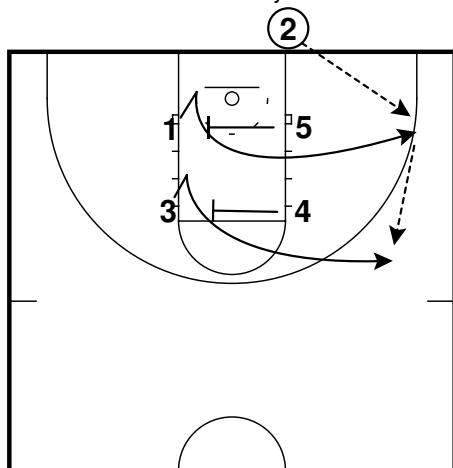
2 uses the ball screen from 4

2 reads X3
- if X3 sinks shoot or kick out to 3
- if X3 closes out 3 enter to 5 in short corner
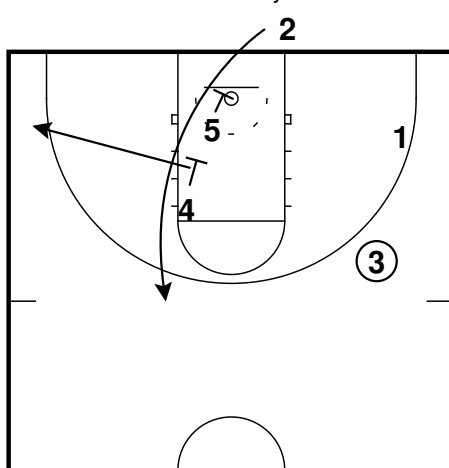
Stanford Cardinal Playbook
BLOBs

Box Away

Box Set
Bigs on the ball side, wings on the weak side. Inbounder (2) is desired shooter

5 & 4 Screen away for 1 & 3
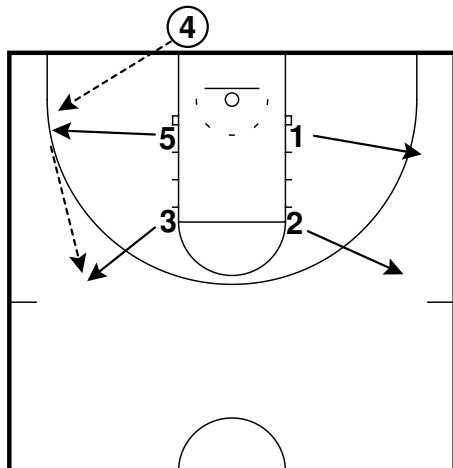
2 can enter to 1 or 3

Box Away

After 2 inbounds he/she enters off the stagger from 5 & 4
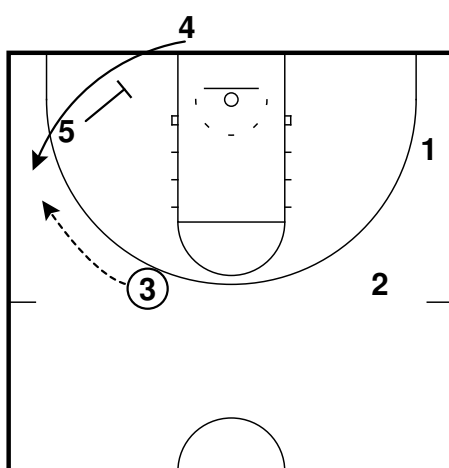
Second screener (4) pops

Box Pin In

Box set
All four players in the box pop out

4 enters to 5
5 passes to 3
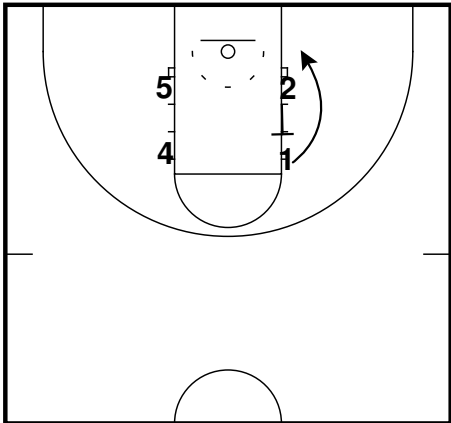5 pin screens for the inbounder

Box Pin In

3 passes to 4 coming off the pin screen
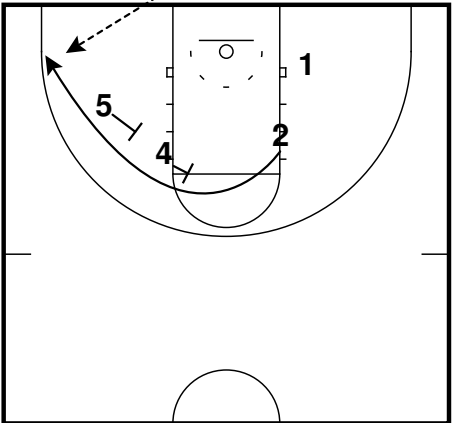
Stanford Cardinal Playbook
BLOBs

Box Up Double
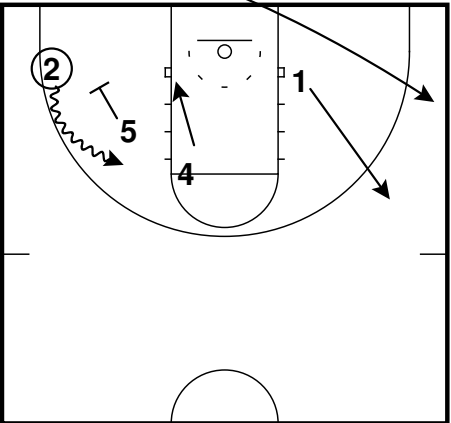
Box Up Double

Box Up Double

Box set
2 up screens for 1

2 runs off double screen from 4 & 5
3 enters to 2

2 catches and shoots or receives the corner
ball screen from 5