Iowa Hawkeyes WBB - Post Seal ISO
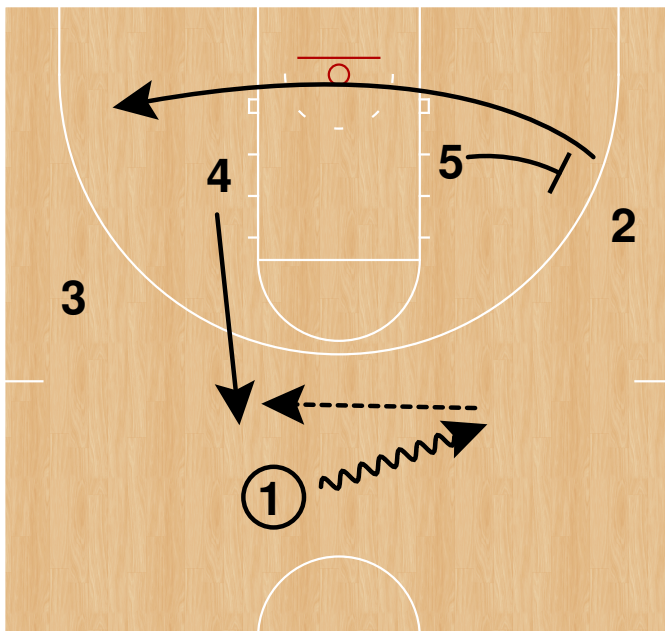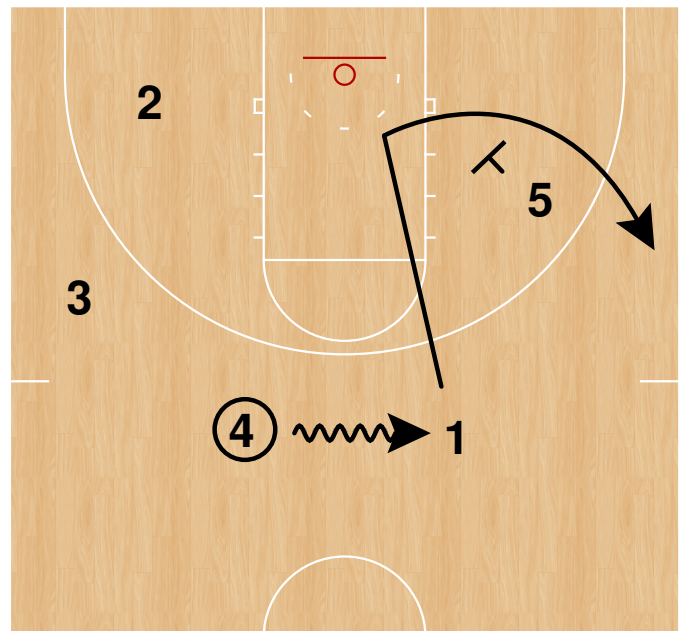
Iowa Post Seal Iso

1. 1 dribbles over and 4 cuts high

2. 2 cuts off 5 screen as ball is in air to 4

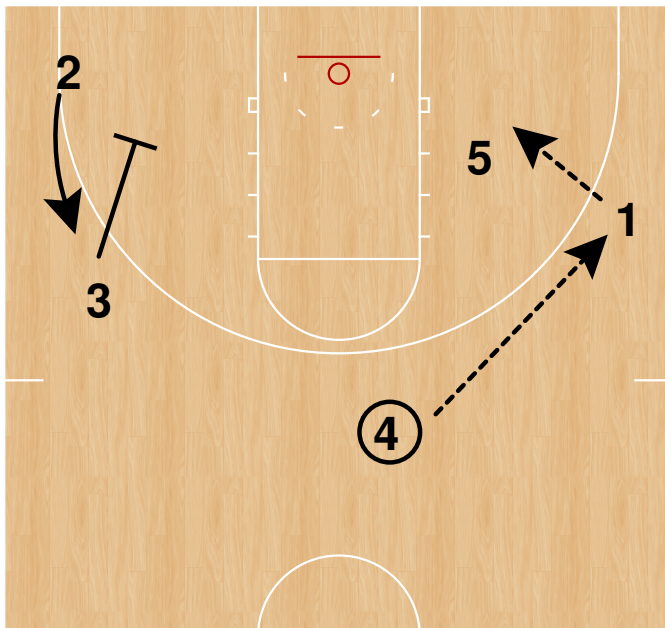1. 1 cuts hard at the rim

2. 5 screens for 2

4. 4 dribbles over for better passing angle

1. 3 screens 2 to occupy help

2. 5 seals for post feed